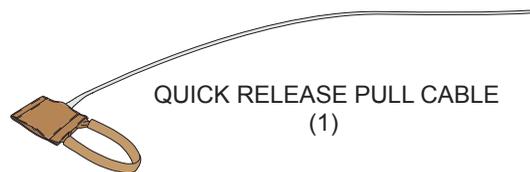
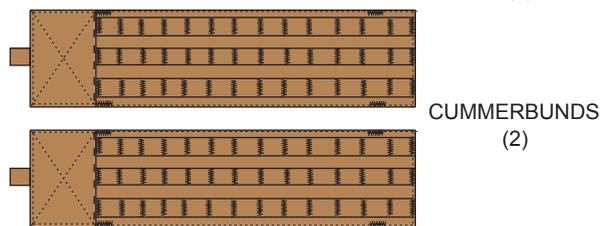
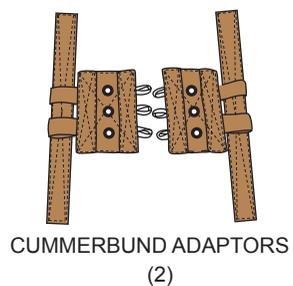
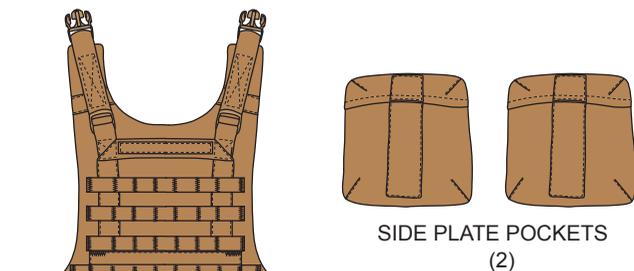
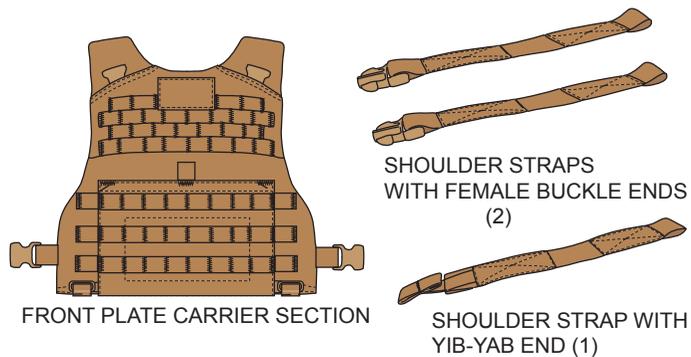


## COMPONENT LIST



\*\* PC DOES NOT INCLUDE ARMOR PLATES\*\*

## FITTING AND ADJUSTMENT

The Plate Carrier has 3 adjustment points for a more exact fit.

Both Shoulder Straps • Both Waist Straps OR Cumberbund

(1) Adjust shoulder straps so the vest sits properly relative to torso. Front and Rear plates should rest as high up on the chest and back as possible, to achieve maximum protection levels.

(2) If using the Cumberbund it can be adjusted using the cumberbund adaptors as well as the hook & loop fields at the front section of the cumberbund with hook & loop under front plate carrier flap.

(3) If using waist straps adjust them so that the vest sits securely against the body.

## PRE-USE INSPECTIONS

Prior to use, the inspection of the PC is required as follows:

(1) Inspect PC vest for cuts, tears, fraying, seam separations, and loose stitching. Inspect the general condition of the vest.

Note: Surface fraying along edges is acceptable provided it does not reduce thickness or width of webbing and does not incorporate any visible cuts, tears, or holes.

(2) Inspect hook & loop, buckles, and hardware for proper operation.

(3) Vest shall be in operational configuration for inspection.

(4) When worn, all labels shall face towards the body.

(5) Yib Yab Instructions- In place of shoulder strap with buckle, the yib yab strap may be used on rifle shoulder. Remove left or right shoulder strap by unlacing through holder and back buckle, replace with yib yab strap to create a lower profile for shouldering weapon. Remove female buckle on front and use metal ring to place 1" end of yib yab strap into, adjust to desired position as would have with strap and buckle.

## CLEANING AND MAINTENANCE

For normal dirt, use a mild spray cleaner or other mild soap and scrub with a soft bristled brush as needed. Rinse with cold water and air dry. DO NOT machine wash or dry. For heavy dirt, grease, or oil, treat with a mild soap. Scrub as needed with a mild bristled brush. Rinse with cold water and AIR DRY.

## SPECIAL PRECAUTIONS

- \* DO NOT use bleach.
- \* DO NOT use harsh or excessive amounts of detergent.
- \* DO NOT wash in hot water.
- \* DO NOT put in dryer.
- \* DO NOT power wash.
- \* DO NOT put in washing machine.
- \* ALWAYS hang dry if immersed in water.



# USMC



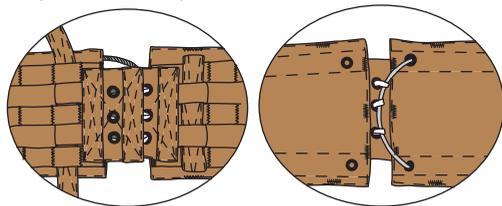
# PC

# PLATE CARRIER

## VEST ASSEMBLY

### (1) CUMMERBUND SECTIONS

Connect both cummerbund sections using the adaptors and the quick release pull cable.



CUMMERBUND SECTIONS SHOWN CONNECTED WITH ADAPTORS & QUICK RELEASE PULL CABLE

### (2) CUMMERBUND TO BACK PLATE CARRIER

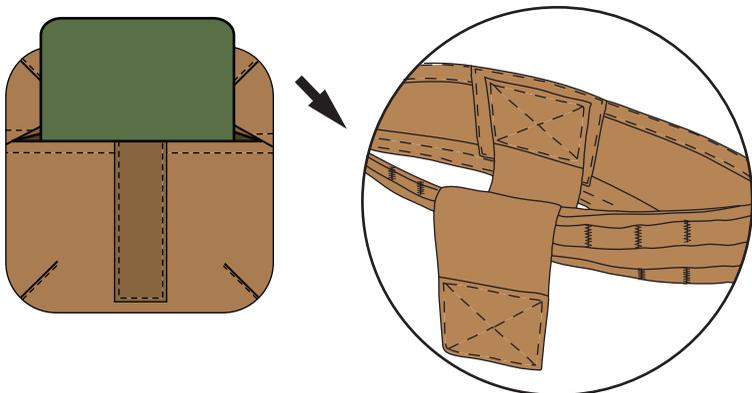
On Rear Vest Section, place Cummerbund under fabric flaps and center. Secure both upper and lower flaps over cummerbund.



BACK PLATE CARRIER WITH UPPER & LOWER FLAPS OPENED

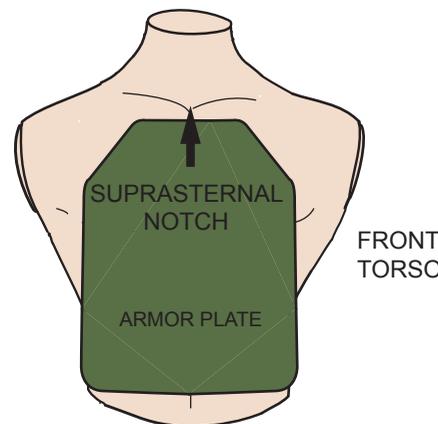
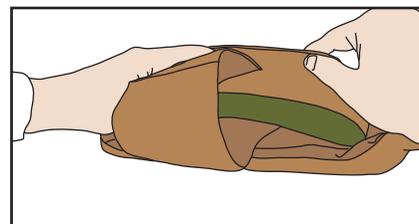
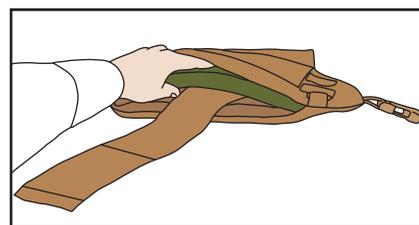
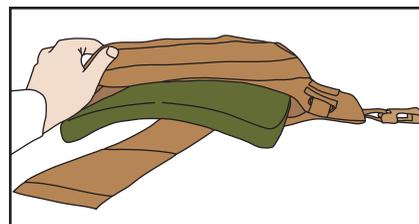
### (3) INSERTING CUMMERBUND SIDE PLATE POCKETS

Place side plate pocket sandwiched inside the cummerbund. Use the webbing strap to adjust the height of the plate pocket and secure the webbing strap over the plate pocket with hook & loop.



### (4) INSERTING CERAMIC PLATES IN VEST

On front/back carrier section, open bottom flaps and remove restraint strap. Insert ceramic plate all the way into fabric channel as far as possible to ensure proper alignment between the plate and the soft armor backing, optimum protection is achieved when the front plate is 3/4 inch from the suprasternal. Tightly secure plate in channel by attaching the restraint strap to the top of the fabric channel using hook & loop. Close and affix flap using hook & loop.

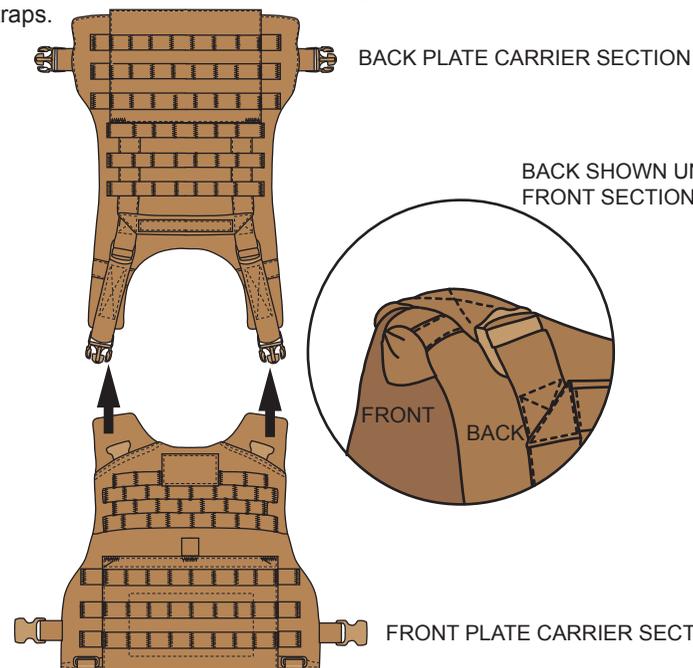


FRONT TORSO

To ensure optimum protection the front ceramic plate should be positioned within the carrier so that it falls 3/4" below the suprasternal notch on the torso.

### (5) CONNECTING FRONT & BACK PLATE CARRIER SECTIONS

With front carrier section over the back carrier section, connect male and female buckles together for both shoulder straps.



BACK PLATE CARRIER SECTION

BACK SHOWN UNDER FRONT SECTION



FRONT BACK

FRONT PLATE CARRIER SECTION

### (6) SECURING CUMMERBUND

On Front Vest, lift the Cummerbund Securing Flap and bring Cummerbund around to the front. Attach to Front Vest Section using hook & loop, then lower and affix Cummerbund Securing Flap. The strap on the Securing Flap will wrap to the inside of the vest.

### OPERATION WITHOUT CUMMERBUND

The PC is designed to function with or without the Cummerbund and Cummerbund Side Plate Pockets, based on the user's desires. Assembly of the vest is the same, minus Cummerbund attachments.

NOTE: Cummerbund Side Plate Pocket CAN NOT be used without Cummerbund.

FRONT VIEW OF CARRIER SHOWN WITH CUMMERBUND (FRONT FLAP SHOWN OPEN)

